

changing the lives  
of adults with  
learning disabilities  
forever.



# Your guide to: FENLAKE

[www.thehelpinghandsgroup.org.uk](http://www.thehelpinghandsgroup.org.uk)



The Helping  
Hands Group







# This is not a Day Centre. This is Fenlake!

Fenlake is situated in Fengate, Peterborough and opened its doors in January 2021.

Since opening, the centre has built up quite a reputation, thanks to the vast array of practical sessions on offer.

Fenlake set across the ground floor, focuses heavily on independence, working to a diverse timetable, we offer sessions that provide the platform to further development in work based areas, from in house social enterprise to work based placements.

Supported closely by a dedicated team, our service promotes independence across the board and aim to set individuals up with key life skills for the future.

The Helping Hands Group are renowned for our tailor made timetables focused solely on the individual, we feel this provides the stepping stones in building confidence and independence whilst offering new experiences along the way.

Those who attend Fenlake will also have the opportunity to access our other centres which offer such sessions as Animal Care, Hydrotherapy and access to our huge Sensory Garden situated at Algores Way in Wisbech.

We look forward to welcoming you, here at Fenlake.

CARPENTRY, PSD  
UP-CYCLING, ICT,  
CATERING, DANCE,  
ARTS & CRAFTS,  
OFFICE SKILLS,  
WORLD OF WORK,  
WORK  
EXPERIENCE,  
MUSIC, BAKING,  
HAIR & BEAUTY,  
TUCK SHOP,



NUMERACY,  
PERFORMING  
ARTS, INTERNET  
SAFETY, EXERCISE,  
LIFE SKILLS, CAR  
MECHANICS, CAR  
VALETING, MEDIA,  
LANGUAGE &  
COMMUNICATION,  
SOCIAL  
ENTERPRISE + more





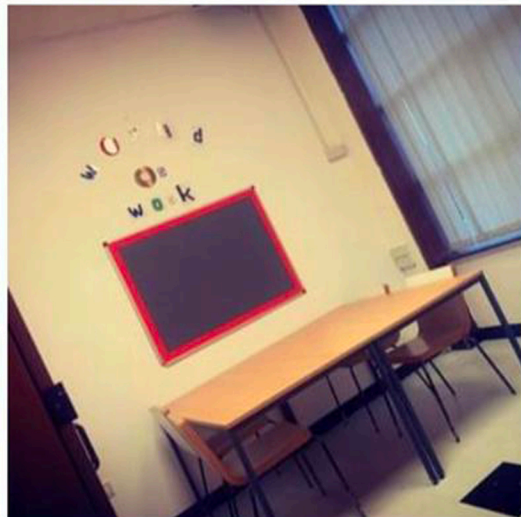




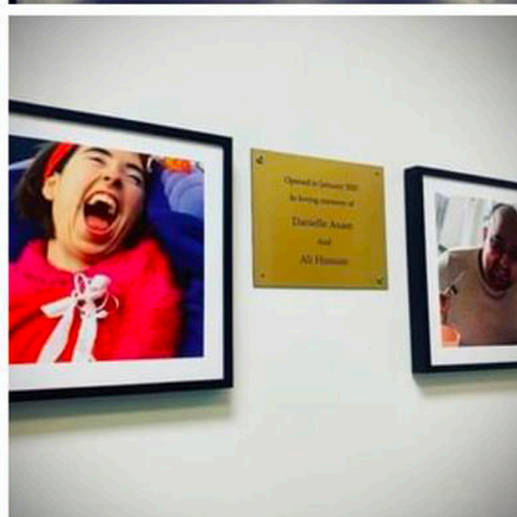
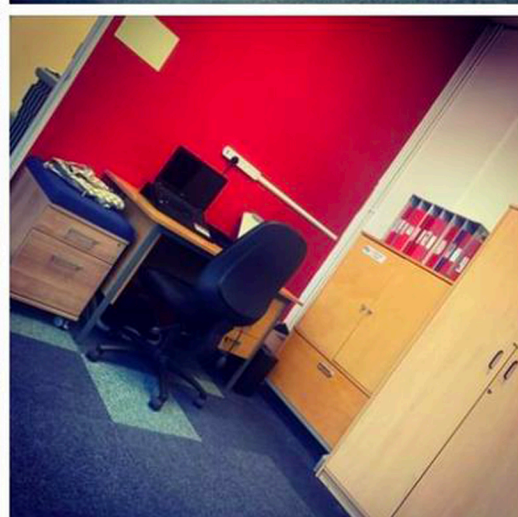
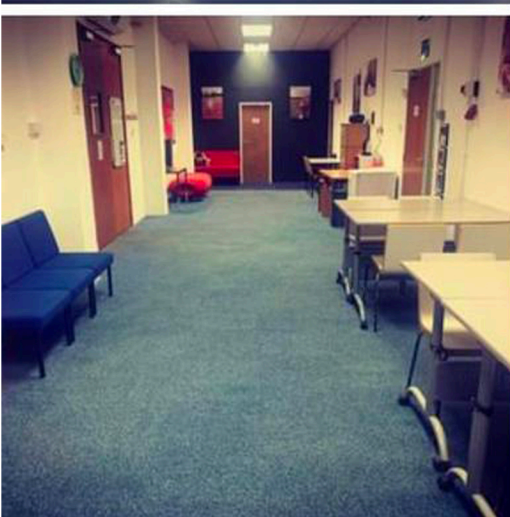
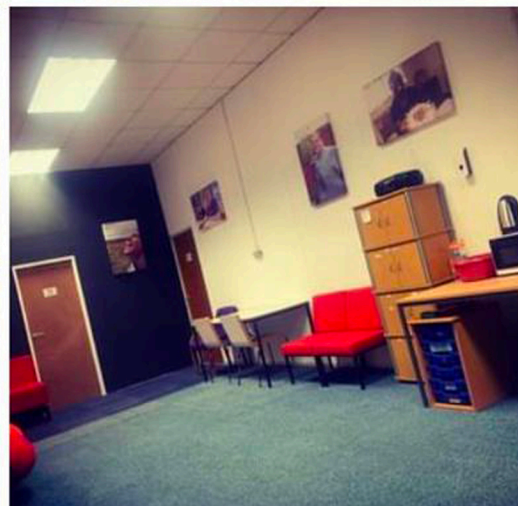
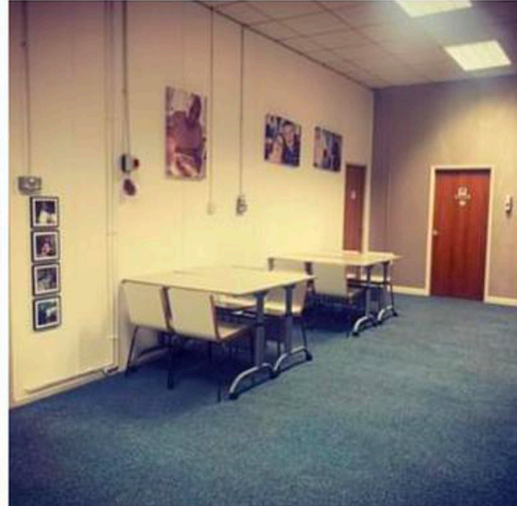




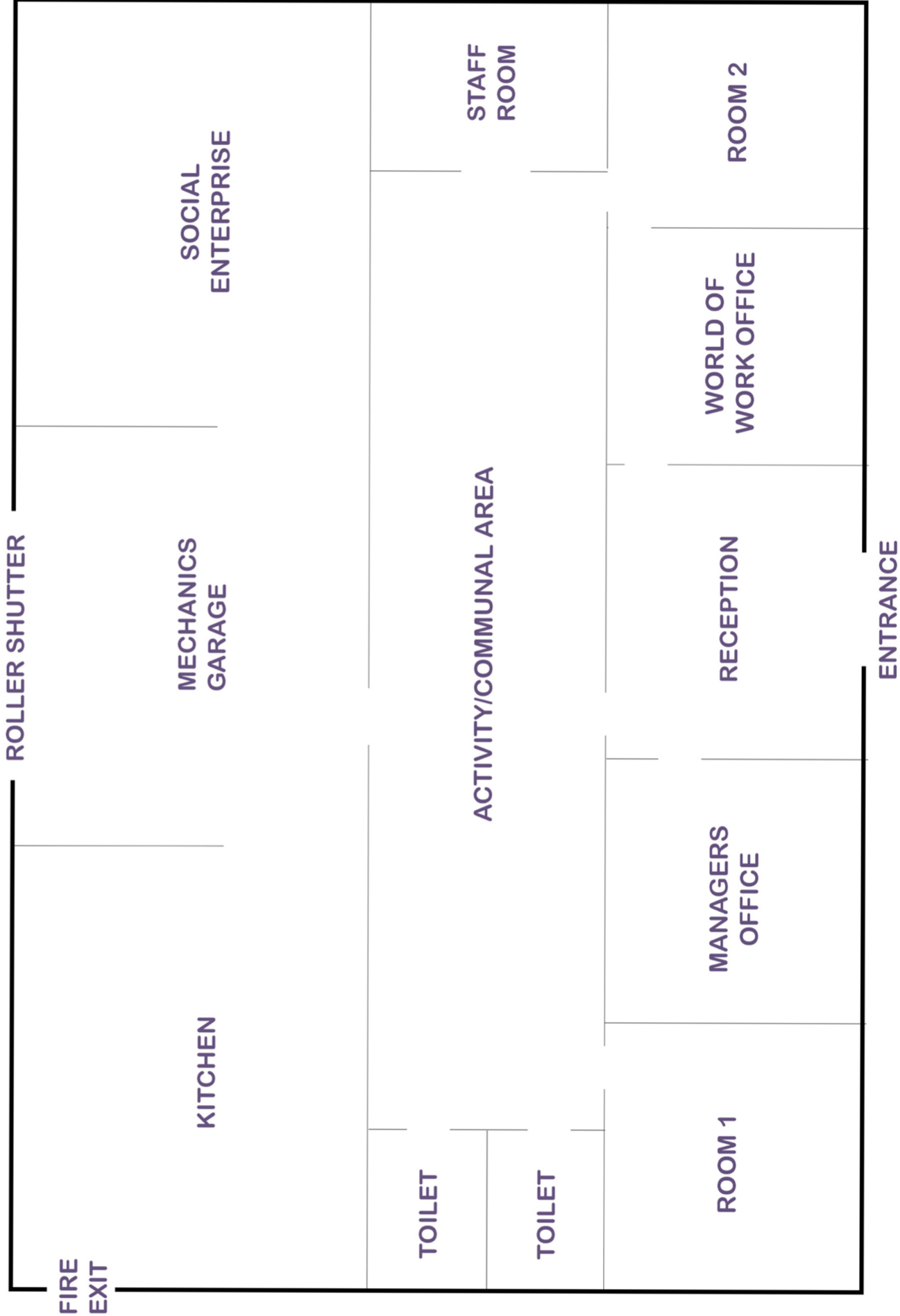












FIRE  
EXIT

ROLLER SHUTTER

KITCHEN

MECHANICS  
GARAGE

SOCIAL  
ENTERPRISE

TOILET

STAFF  
ROOM

ACTIVITY/COMMUNAL AREA

TOILET

ROOM 1

MANAGERS  
OFFICE

RECEPTION

WORLD OF  
WORK OFFICE

ROOM 2

ENTRANCE



# CONTACT

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